

Physical Therapy Referral

Name: _____ Date: _____

Diagnosis: _____ Precautions: _____

2-3 times per week _____ weeks

- Evaluate & Treat As Appropriate
- Non-weight Bearing
- Therapeutic Exercise
 - Passive ROM
 - Active ROM
 - Strengthening
 - Stretching/ Flexibility
 - Home Exercise Program
- Manual Therapy Techniques
- Neuromuscular Reeducation (Balance, Posture, Body Mechanics, Coordination).
- Lumbar & Cervical Stabilization Exercise
- Low Back & Neck Pain
- Vestibular Rehabilitation
- Balance Training
- Gait Training
- Posture/ Body Mechanics
- Cardiac Rehabilitation
- Modalities
 - Moist Heat
 - Cryotherapy/ ICE
 - Electrical Stimulation
 - Ultrasound
 - Phonophoresis
 - Iontophoreses
 - Paraffin

Physician's Name (Print): _____ Physician's Signature: _____

NPI Number: _____

Date: _____